MENTAL HEALTH IN SCHOOLS LEARNING SERIES
Equity Strand

Implicit Bias, Presented by Shekila Melchior, PhD, NCC

Webinar Summary:

This learning session provided attendees the definition of culture, stereotype/stereotype threat, privilege/oppression and socialization. Providing these definitions created a foundation to examine implicit bias and the ways in which it impacts the children educators serve. Following that, the session gave educators tips on how they can self-reflect, how they can engage their colleagues and to continue to fight against biases in the school.

Resources

- Implicit Bias Examined
- Project Implicit
- Podcast: Miss Buchanans Period of Adjustment
- Ted Talk: How to Overcome our Biases and Walk Boldly Toward Them
- Kirwan Institute for the Study of Race and Ethnicity
- Long-term reduction in implicit race bias: A prejudice habit-breaking intervention
- Mid-Atlantic Equity Consortium: Educational Equity
- Open Society Foundation: Implicit Bias and Social Justice
- Teaching Tolerance
- UCLA Civil Rights Project
- Unconscious Bias Training Video
- Understanding Implicit Bias: What Educators Should Know
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References:


Discussion Guide:

- In what ways have you seen implicit bias played out in a K-12 setting?
- How, if at all, do systemic barriers play a role in implicit bias?
- Upon reflection, have you recognized any areas in which you engaged in implicit bias?
- In what ways can you increase your knowledge to move from implicit bias to an increased self-awareness of biases held?
- How might you bring awareness to others when you see implicit bias in your setting?